



# Berkeley Township Senior Exercise Program



Classes are held: Mondays, Tuesdays & Thursdays from 9-10 am at the  
Silver Ridge Park Westerly Clubhouse  
39 Millbrook Dr., Toms River, NJ 08757  
Classes may be subject to cancellation due to weather or vacation time

**Yearly Registration Fee: \$25.00**  
**Begins October**

Make checks payable to Berkeley Township, or pay online at [www.BTREC.org](http://www.BTREC.org)  
Berkeley Township Recreation  
P.O. Box B  
Bayville, NJ 08721

Any questions please call 732-269-4456



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Emergency Phone # \_\_\_\_\_

Email \_\_\_\_\_

Please list any special health concerns that might limit or affect participation in activity.

Agreement to participate: I hereby give my approval to participate in the activities associated with this program. I assume all risks and hazards incidental to such participation, including transportation to these activities and do hereby waive, release, absolve, indemnify and agree to hold harmless Berkeley Township and all of its employees, participants, etc. whether the result of negligence or any other cause.

Signature \_\_\_\_\_

Date \_\_\_\_\_